

◇ SEDONA/VERDE VALLEY ◇

# COMMUNITY EDUCATION & EXPERIENTIAL LEARNING

Winter/Spring 2025 Schedule

CALL 928-634-6537  
TO REGISTER OR  
BROWSE ONLINE!

[yc.edu/commed](http://yc.edu/commed)  
[yc.edu/travel](http://yc.edu/travel)

HANDS-ON LEARNING,  
SPECIAL INTEREST &  
TRAVEL & LEISURE

*Yavapai*  
COLLEGE

## From the Manager of Experiential Learning Kathleen Freed



It's the perfect opportunity to explore an interest and add a new hobby or skill to your life."



**Welcome to Spring 2025 with Community Education and Experiential Learning!**

**Community Education** classes offer opportunities to discover new skills and have fun while learning. With no tests or grades, it's the perfect opportunity to explore an interest and add a new hobby or skill to your life. Our instructors live and work in our community and love to share their passion.

Whether you are looking to learn a new skill, pursue a hobby, or connect with others, we have something for everyone. Some of our Winter/Spring offerings include courses in health & wellness, creative arts, technology, and language learning. To browse and register for classes, visit our website at: [www.yc.edu/commed](http://www.yc.edu/commed).

New to the Winter/Spring '25 catalog is the inclusion of educational travel opportunities through **Experiential Learning (formerly EDventures)**. Trips include opportunities to explore the vast landscapes of central and northern Arizona. Travel the backroads to see local history come alive! Most trips depart from the Yavapai College - Prescott Campus but be sure to check trip details for pick-up availability in Camp Verde.

Trips fill up quickly; space is limited to 10 passengers per van, so be sure to sign up early at: [www.yc.edu/travel](http://www.yc.edu/travel).

**If you are interested in teaching a non-credit course** for Community Education or Experiential Learning, please contact us at: [commedsvv@yc.edu](mailto:commedsvv@yc.edu).

We hope to see you at Yavapai College this spring! The Community Education office is in Building I, Room 112 on the Verde Valley campus, Mon-Fri, 8 a.m. - 5 p.m. Visit our website or give us a call at **(928) 634-6537** for assistance and to register.

Thank you!

## Where Lifelong Learning Flourishes

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### Experiential Learning- Travel

Educational trips throughout the Southwest and beyond!

Visit [www.yc.edu/travel](http://www.yc.edu/travel) or call 928-717-7755 to register

### [www.yc.edu/commed](http://www.yc.edu/commed)

Your next adventure in learning is just a click away!

- Browse and pay for classes online
- View instructor biographies
- Find course descriptions, dates, and locations

Visit [www.yc.edu/commed](http://www.yc.edu/commed) and click on the link Browse and Register.

### Other Ways to Register:

Register by phone: [928] 634-6537

Monday through Friday, 8:30 am – 5 pm

Walk-in registration at Building I, Room 112 on the Verde Valley Campus, Monday through Thursday.

### Age Requirements:

Community Education classes are open to the public, ages 14+. Students under 18 attending a class must seek prior approval and have a completed Minor Student Permission form signed by parent or legal guardian. Be sure to check our list of classes, where families with children 12+ are encouraged to sign up for classes together.

Call [928] 634-6537 for approval and to request Minor Student Permission form.

### Fees:

Tuition fees are due and payable at time of registration. Fees vary in accordance with class length and other expense factors. Classes must meet minimum enrollment. In the event of any administrative cancellation, you will receive a full refund of your tuition.

**Please enroll early. Classes will be cancelled one to two weeks prior to start date if enrollment is too low.**

### Refund/Cancellation Policies:

#### Community Education/Experiential Learning

More than 14 days before course start = Full Refund minus a 5% credit card fee

8-13 days before course start = 50% Refund

7 days or less = No Refund

No Refunds given after course start date

### Trip Cancellation Policies

21 days or more prior to departure = Full Refund

15-20 days = 75% Refund

14 days or less = No Refund

[Unless substitute student is identified]

# COMMUNITY EDUCATION COURSES

## ACTIVE MIND AND BODY



### TAI CHI CHIH

**VCE-ACT001-WI25 • Tues/Thurs, 2/4/2025 to 3/13/2025**

**10:00am - 11:00am**  
**I-137 • Verde**

**VCE-ACT002-SP25 • Tues/Thurs, 4/1/2025 to 5/15/2025**

**10:10am - 11:10am**  
**I-137 • Verde**

T'ai Chi Chih, often referred to as "joy through movement" or "moving meditation," is a simple practice. It can bring benefits into your life, such as increased energy, improved balance, vitality, improved health among others. Regular practice promotes well-being, relaxation, and serenity in the midst of activity, while nurturing a deep sense of you and contentment in the present moment. You'll enjoy this gentle, contemplative workout with Janet Batchelder, easily one of our most popular instructors. *Wear comfortable clothing and non-slip shoes. No class April 8 & 10.*

**Janet Batchelder • \$118**

### FITNESS FOR EVERYONE: PERSONAL TRAINING IN A GROUP SETTING

**VCE-ACT003-WI25 • Mon/Wed, 2/3/2025 to 3/12/2025**

**8:30am - 9:30am**  
**I-137 • Verde**

Looking for group fitness tailored to your individual needs? This popular course offers personal training in a group setting. The class is designed for all fitness levels and exercises will be illustrated at beginner, intermediate and advanced levels of difficulty. You will be encouraged to work at a level of intensity appropriate for you. The classes will include a large variety of movements, multiple workout disciplines, team work, music, and games to make it interesting every day. Your mind and your muscles will never be bored. You will increase strength and cardio capacity and improve agility and flexibility. Popular instructor Alma Rodoni is known for her enthusiasm and ability to motivate you every day, all in a supportive way. Improve your conditioning and have fun while you do it. *Students should bring yoga mats.*

**Alma Rodoni • \$150**

### YOGA AND MEDITATION

**VCE-ACT004-WI25 • Thurs, 2/6/2025 to 2/27/2025**

**8:30am - 9:30am**  
**I-137 • Verde**

**VCE-ACT005-SP25 • Wed, 4/9/2025 to 4/30/2025**

**8:30am - 9:30am**  
**I-137 • Verde**

Whether you are new to yoga and meditation, or looking to expand your current practice, this class is for you! Yoga and meditation are proven to positively affect physical health, mental health, and mood. Practicing together offers social connection and FUN...especially with this longtime teacher. She will guide you through a variety of breathing practices, fundamental postures, gentle flows, relaxation, and meditation techniques designed to support your well-being. Foundational yoga and meditation concepts will be thoughtfully woven through each class. Appropriate for all levels. *Wear comfortable clothing. Please bring your yoga mat and a bath or beach towel.*

**Lisa Jachowicz • \$87**



## HEALING THE EARTH AND OURSELVES WITH QI GONG

**SCE-ACT012-WI25 • Thurs, 2/6/2025 to 3/6/2025  
4:00pm - 5:15pm  
29 • Sedona**

Qi Gong is an ancient system of movement that relieves stress and increases energy. It is considered a health system that utilizes slow, gentle movements to enhance our inner health. Through these flowing patterns, we will cultivate a reciprocal connection with earth where the earth comes up and finds our heart, and where spirit comes down and meets the heart. When we heal ourselves by engaging in these healing movements, the earth benefits from our well-being. **No class Thursday, February 27.**

**Rita Faruki • \$97**

## YOGA OFF THE MAT SERIES

**VCE-ACT006-WI25 • Wed, 2/5/2025 to 2/26/2025  
5:30pm - 6:30pm  
M-203 • Verde**

**VCE-ACT007-SP25 • Wed, 4/2/2025 to 4/23/2025  
5:30pm - 6:30pm  
M-203 • Verde**

Did you know yoga is more than doing poses? Do you want to learn the types and styles of yoga to choose the right kind for you? Do you ever wonder WHY we do and say the things we do in class? Let's step off our mats and into the classroom! In this series we explore yoga's history and many styles, dive into the 8 Limbs of Yoga, learn about our Energy Body (the chakras!), and answer the most common questions Lisa's students have posed over the past 20+ years. *\*Bring your notebook not your mat! This is NOT an asana [pose] based class.\**

**Coach Lisa Jachowicz • \$87**

## ZUMBA

**VCE-ACT008-WI25 • Mon/Wed, 2/3/2025 to 3/12/2025  
10:00am - 11:30am  
I-137 • Verde**

**VCE-ACT009-SP25 • Mon/Wed, 3/31/2025 to 5/7/2025  
10:00am - 11:30am  
I-137 • Verde**

Join our exhilarating Zumba Fitness program that blends world rhythm with easy-to-follow dance choreography and aerobics for a total body workout. This fun and energetic class caters to all ages and fitness levels.

**Danielle Dodds-Stewart • \$181**



## BEGINNER LEVEL LINE DANCING

**VCE-ACT010-WI25 • Wed, 2/5/2025 to 3/12/2025  
1:00pm - 2:00pm  
I-137 • Verde**

These beginner level line dance classes are a fun and easy way to get your heart pumping, "find your feet" AND improve your mental acuity. This social dance style requires no partner or previous experience. Line dancing is an easy form of dance and a great way to get a good workout, improve posture & coordination, balance and mood. Sally will break down the steps for a safe and enjoyable learning experience. As you learn iconic, urban and soul line dances, you will discover that dancing is the best medicine!

**Sally Gebler • \$102**

# COMMUNITY EDUCATION COURSES



## INTRO TO MOUNTAIN BIKING

**VCE-ACT011-SP25 • Tues, 4/15/2025 to 4/29/2025**  
**4:00pm - 6:00pm**  
**G-103 • Verde**

Join us for our Spring Intro to Mountain Biking course, designed for adults and young learners aged 12+. This hands-on program will guide students through essential foundational skills and techniques needed to confidently and safely navigate the trails. Experienced instructors will give students personalized feedback and cover topics, such as: skill building, essential items to bring on a ride, trail side maintenance, basic nutrition, and stretching. Come prepared for a friendly and supportive group environment! **Students are welcome to bring their own bikes. Bike rentals available from Verde Valley Bicycle Company for \$100. Students should schedule an appointment for April 8 with Verde Valley Bicycle Company to rent & get fitted for a rental bike or for a free basic consultation for their personal mountain bike. Students should bring a bike helmet, bike gloves, and water.**

**Greg Miranda & Zac Naser • \$180**

## QIGONG FOR WELLNESS

**SCE-ACT013-WI25 • Mon/Wed, 2/3/2025 to 3/5/2025**  
**5:30pm - 6:45pm**  
**29 • Sedona**

**SCE-ACT014-SP25 • Tues/Thurs, 4/1/2025 to 5/8/2025**  
**5:30pm - 6:45pm**  
**29 • Sedona**

Enjoy and experience easy relaxed movements that promote healthy range of movement and increased well-being. We will also discuss health concepts in this interactive format. All levels are welcome to attend. **No class February 24 & 26.**

**Gina Wu • \$139 Winter / \$159 Spring**

## ARTS & CRAFTS



## WATERCOLORS FOR BEGINNERS

**VCE-ART050-WI25 • Mon, 2/3/2025 to 3/10/2025**  
**1:00pm - 3:00pm**  
**G-107 • Verde**

We will discuss watercolors, how they work, and why they work: tubes versus pans, paper, brushes, and then practice exercises to strengthen your painting techniques. We will then proceed to painting simple pieces, selected for the specific lessons. **Students will spend approximately \$40 on supplies. A supply list will be provided upon registration.**

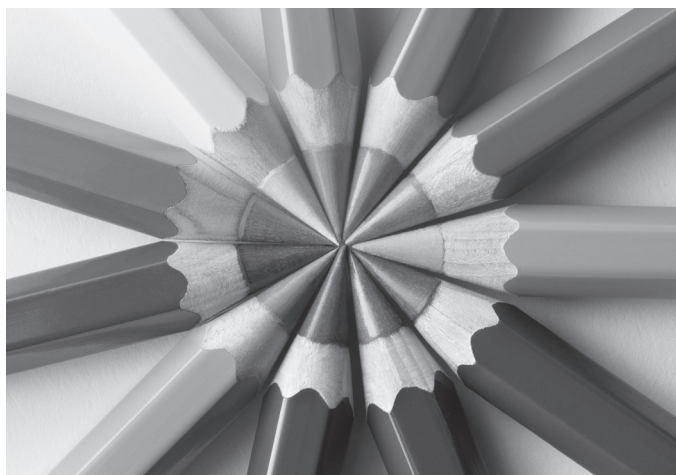
**Art Gecko • \$118**

## LANDSCAPE DRAWING

VCE-ART051-WI25 • Mon, 2/3/2025 to 3/10/2025  
3:15pm - 5:15pm  
G-107 • Verde

Learn how to draw landscapes, from plains and forests to the red rocks and more. Landscapes are diverse and can be tricky to accomplish. Learn how to convincingly create beautiful landscapes in drawings. Students will study the shapes and compositions of landscapes, starting with values in greyscale and moving into full color. *Students will spend approximately \$20 on supplies. A recommended supply list will be provided upon registration.*

**Art Gecko • \$118**



## LET'S DRAW! DRAWING 101

VCE-ART052-WI25 • Thurs, 4/3/2025 to 5/8/2025  
1:00pm - 3:00pm  
G-102 • Verde

Begin your drawing journey here. This course will take you through the process of drawing. Building forms, using shapes, shadows, and highlights. We will use various drawing media, from pencils, chalk, and ink. *Students purchase their own materials for approximately \$40. A supply list will be provided upon registration.*

**Art Gecko • \$118**

## WATERCOLOR LANDSCAPES

VCE-ART053-WI25 • Thurs, 4/3/2025 to 5/8/2025  
3:15pm - 5:15pm  
G-102 • Verde

In Watercolor Landscape Painting with Art Gecko, students will become familiar with basic materials and equipment, understand basic watercolor techniques, execute key topics into basic landscape designs, find joy in painting, and share knowledge with one another. Each week will bring a new lesson as students learn increasingly advanced techniques, building on previous lessons, including the use of mixed media, pens, pencils, etc. The class will also go over washes, glazing and layering, lifting, using frisket, and more. Students will learn about the materials, including brushes, brush care, paper, paints, (tubes vs. pans), color choices, and wet/dry techniques. The class will discuss composition as well as what makes a piece compelling, and what makes a piece boring. The class will do sketching, focusing on composition, and values to create a foundation for a great painting. See why students find classes with Art Gecko fun and informative. *Students purchase their own materials. A supply list will be provided upon registration.*

**Art Gecko • \$118**

## THE CALMING ART & CRAFT OF CALLIGRAPHY

SCE-ART054-SP25 • Tues, 4/15/2025 &  
4/22/2025  
3:00pm - 5:00pm  
28 • Sedona

Calligraphy is the art and craft of beautiful handwriting - and it a very calming, meditative activity. You will get a quick overview of three popular calligraphic styles - Italic, Uncial, and Blackletter - and you will have fun creating some beautiful bookmarks, journal covers, greeting cards, and other projects. Whether you have some experience already with this wonderful art form, or just want to get started, all are welcome. *Students purchase their own materials for approximately \$30. Supply list will be provided with registration receipt.*

**Caroline Joy Adams • \$80**

# COMMUNITY EDUCATION COURSES

## ARTS: VISUAL & PERFORMING



### INTRODUCTION TO DIGITAL PHOTOGRAPHY

**SCE-ART053-SP25 • Thurs, 4/3/2025 to 5/8/2025**  
**5:00pm - 7:45pm**  
**28 • Sedona**

Learn the basics of digital photography including how to photograph landscapes, wildlife, people, and more. Instruction on the functions of a camera and how to use different settings to create great photos. Photos will be edited and set up to share in different formats. *Students will be required to bring their own digital camera. Participants will be asked to subscribe to the Lightroom app for this class.*

**Zach Rohe • \$145**

### PLAY GUITAR NOW

**SCE-ART054-WI25 • Thurs, 2/6/2025 to 3/13/2025**  
**5:00pm - 7:00pm**  
**I-138 • Verde**

Join us for an exciting journey into the world of guitar playing! This beginner-friendly course is designed for those who are getting started with playing the guitar. It should be fun, and no experience is needed. Over the span of several weeks, you will learn the fundamentals of guitar including tuning, strumming, picking, music theory, and tab notation. Each session will focus on building your skills progressively, in order to develop a solid foundation. *Students should bring a guitar and electronic tuner to class.*

**Richard Pierce • \$135**

## COMPUTER & TECHNOLOGY

### INTRO TO PODCASTING

**VCE-COM100-WI25 • Tues, 2/4/2025 to 3/11/2025**  
**4:30pm - 6:30pm**  
**G-103 • Verde**

Are you thinking about starting a podcast? This class will help you make an informed decision about whether or not content creation is right for you. Learn what it takes from a do-it-yourself podcaster. This class will cover: real-talk about the time and money required, recommendations for equipment/software used in at-home production, hosting best practices and more. Equipped with the right knowledge, you'll be streaming in no time. *Students should bring a USB and headphones to class.*

**Candice Schutter • \$133**



### GET SMARTER ABOUT YOUR IPHONE

**VCE-COM102-SP25 • Tues, 4/1/2025 to 5/6/2025**  
**9:30am - 11:30am**  
**I-138 • Verde**

Most of us cannot seem to live without our iPhones – but we often do not take advantage of their capabilities or are frustrated with them. This class will explore the revolutionary technologies, connectivity, and components involved in these devices. Learn essential settings, apps, features, and operations that enable their tremendous versatility and usefulness. Explore what we need to know about carriers and purchasing equipment. Learn about voice control and more: managing, maintaining, handling security, email accounts, wi-fi use, and texting. Come get a little smarter about your tech, the Apple iPhone and iPad, and learn more about these life-sustaining tools

**Sharon Sherman • \$133**



## GET SMARTER ABOUT YOUR MAC PC

VCE-COM101-WI25 • Tues, 2/4/2025 to 3/11/2025  
9:30am - 11:30am  
I-138 • Verde

Do you sometimes feel frustrated because of the complexity of using our computers? Or perhaps you have had years of hit-or-miss learning? We will learn more about today's computer technology, including PC hardware, the Mac operating system settings, peripheral connections, file and application management, Internet connectivity, cloud storage with iCloud, security, and maintenance, including backing up your computer with Time Machine. Understand what is happening with your PC and versions, currently Sequoia. Become more familiar with how your computer syncs with other devices and the Cloud. You will end up with a smarter computer and a smarter you!

**Sharon Sherman • \$133**

## HEALTH & NUTRITION

### REALISTIC NUTRITION FOR REAL PEOPLE AND OUR FAMILIES

VCE-HEA200-WI25 • Mon, 2/3/2025 to 2/17/2025  
5:00pm - 6:00pm  
G-103 • Verde

VCE-HEA201-SP25 • Mon, 4/7/2025 to 4/21/2025  
5:00pm - 6:00pm  
G-103 • Verde

How did nutrition and dietary recommendations become so complicated, confusing, contradictory, and unrelatable to real life?! Join Coach Lisa to remember the basics of nutrition and make a plan! Lisa will guide you through self-assessing your needs and your situation to understand YOUR dietary requirements based on YOU and YOUR goals. We will take a tour of the current dietary trends. By the end of class, you will be equipped with tools and a framework to make a plan tailored to your goals. All of this will be offered in a friendly setting with a coach who lives in the real world with you

**Coach Lisa Jachowicz • \$75**

## HISTORY & CURRENT AFFAIRS

### CULT DYNAMICS IN EVERYDAY LIFE

VCE-HIS250-SP25 • Thurs, 4/3/2025 to 5/8/2025  
9:00am - 11:00am  
I-138 • Verde

In this class we explore the psychosocial dynamics that shape human susceptibility to us-versus-them mindsets. Everyday cult dynamics will be defined and explored using a variety of examples [ie. interpersonal relationships, conspiratoriality, sociopolitical movements, religious fundamentalism] and examine how colonialism has influenced 'cult'ure over time. This course is directly informed by the work of survivors and cult researchers. Students will leave with a great understanding of high-demand influence and be better equipped to spot and speak to culty red flags in real time.

**Candice Schutter • \$133**

## PHILOSOPHY, RELIGION, & UNEXPLAINED

### EDGAR CAYCE AND THE BIBLE: CHRISTIANITY MEETS THE NEW AGE

VCE-PHI401-WI25 • Thurs, 2/6/2025 to 3/6/2025  
4:00pm - 5:30pm  
G-102 • Verde

An exploration of the channeled readings of Edgar Cayce, with a focus on his astonishing interpretations of the Old and New Testaments of the Christian Bible. Classes will include the following: a study of the origin and destiny of the soul; a new look at Old Testament characters and events such as Moses and the Exodus; the life (and past lives) of Jesus of Nazareth and his relationship with the Essenes; and a unique and surprising interpretation of the mysterious Book of Revelation. Classes will be conducted with a respect for all points of view on this soul-stirring topic. In case of inclement weather, this class will be held via Zoom.

**Russell White • \$95**

# COMMUNITY EDUCATION COURSES

## PROFESSIONAL DEVELOPMENT



### LIFEGUARDING

**CRC-PRO603-SP25 • Tues to Thurs, 3/18/2025 to 3/20/2025**

**9:00am – 5:00pm**

**Cottonwood Rec Center • Cottonwood Rec Center**

The American Red Cross Lifeguard Certification course will train and certify participants to be a lifeguard for swimming pools. The Lifeguard certification course includes the following American Red Cross certifications: Lifeguarding, First Aid and CPR/AED for the professional rescuer, valid for 2 years. Courses are all a blended learning course format with online education, classroom, and in-water component.

**Participants must be at least 15 years old at the time of the course. Attendance is required at all class sessions. Course costs: \$47 plus \$150 fee for American Red Cross Certification. Registration deadline: March 13, 2025**

**Julia Root • \$47**

## WRITING, LITERATURE, AND LANGUAGES

### ASL FOR ADVENTUROUS ADULTS

**SCE-WRI551-SP25 • Mon/Wed, 3/31/2025 to 5/7/2025**

**5:30pm - 7:00pm**

**29 • Sedona**

Dive into American Sign Language [ASL] with our engaging, hands-on course! Whether you're a total newbie or just a bit rusty, we'll have you signing like a pro in no time. You'll learn to sign while enjoying fun and interactive sessions. Whether for career growth, communication with Deaf friends, or exploring a new language, our course offers practical practice and insights from Deaf community members. Students should have some prior learning experience with ASL. \*Students will be tested on their signing and understanding ability in this course.\***Class will meet via Zoom on days in-person meetings are not possible.**

**Angela Emerson • \$186**

### INTERMEDIATE CONVERSATIONAL ITALIAN

**ZCE-WRI551-WI25 • Mon, 2/3/2025 to 3/10/2025**

**4:00pm - 6:00pm**

**Zoom • Zoom**

**ZCE-WRI553-SP25 • Mon, 3/31/2025 to 5/5/2025**

**4:00pm - 6:00pm**

**Zoom • Zoom**

Our most popular course for nearly a decade running, Conversational Italian with Sandy Immerso is a showcase for what makes community education so powerful: An excellent teacher, an engaged class-room community, and a fantastic subject. Join one of the most exciting groups of learners west of the Mississippi (but only a hop, skip, and a jump from Italy) today! Please note: This class is intended for individuals with an intermediate-level conversational grasp of the language. **New students need to purchase the text book: *Intermediate Italian Short Stories by Lingo Mastery*.** This is not a beginner course; if you are interested in Beginning Italian, please contact us at 928-634-6537.

**Sandy Immerso • \$118**

## INTERMEDIATE CONVERSATIONAL SPANISH

**ZCE-WRI552-WI25 • Mon, 2/3/2025 to 3/10/2025**  
**2:00pm - 4:00pm**  
**Zoom • Zoom**

**ZCE-WRI554-SP25 • Mon, 3/31/2025 to 5/5/2025**  
**2:00pm - 4:00pm**  
**Zoom • Zoom**

After years of teaching the incredibly popular Conversational Italian, beloved instructor Sandy Immerso began teaching a similarly-styled Spanish course in 2019. To no one's surprise, it immediately became a massive hit. Come learn with a welcoming community of Spanish enthusiasts – learn to speak better to communicate with Español speakers every day, or use the occasion to plan for your next trip to a Spanish-speaking country! Please note: This class is intended for individuals with an intermediate-level conversational grasp of the language. This is not a beginner course; if you are interested in Beginning Spanish, please contact us at 928-634-6537.

**Sandy Immerso • \$118**



## SO, YOU WANT TO WRITE A BOOK

**ZCE-WRI559-WI25 • Thur, 2/6/2025**  
**6:30 - 8:30 pm**  
**WebLive • Zoom**

Is there a book locked inside of you? Is it a novel, a memoir, or a guide? Or are you unsure what it is? What's standing between you and your writer dreams? This two-hour workshop explores how to get those ideas down on paper and what happens after you write THE END. We'll discuss publishing gatekeepers, the different roads to publication, and the pros and cons of indie versus traditional publishing. It's time to start your writing journey. Are you ready? A PDF of the class slide deck will be available to attendees at the conclusion of the class.

**Tina Radcliffe • \$70**



## HOW TO BUILD YOUR WRITER PLATFORM

**ZCE-WRI560-WI25 • Tue, 2/18/2025**  
**6:30 - 8:30 pm**  
**WebLive • Zoom**

What is a writer platform, and how do you get one? The writer platform consists of the tools you use to introduce yourself to your target readers. The platform also shows editors and agents that you have a built-in audience for your product. This two-hour workshop will break down the essentials of a writer platform. We'll discuss the best social media options and how to fit social media into your schedule, along with a primer on websites and newsletters. A PDF of the class presentation will be available to attendees at the conclusion of the class.

**Tina Radcliffe • \$70**

# EXPERIENTIAL LEARNING - TRAVEL

## VIRTUAL EXPERIENTIAL LEARNING (FORMERLY EDVENTURES) - TRAVEL TO LEARN AND EXPLORE YOUR WORLD!

In Experiential Learning, our tour leaders are eager to share their knowledge and enthusiasm for the colorful local history, fascinating cultures, and inspiring natural features when you travel with us!

Most trips leave from the Yavapai College Prescott Campus.

See trip notes for trip pick up availability in: Chino Valley, Dewey-Humboldt, & Camp Verde.



## MULTI-DAY TRIP

### CANYON DE CHELLY OVERNIGHT ADVENTURE

**Wednesday & Thursday, May 7 - 8 • EL-050725**  
*Reserve by 4/16.*

Canyon de Chelly, an amazing landscape of 800-foot tall red cliffs, includes spectacular cliff dwellings and mystical rock art. The canyon sustains a living community of Navajo people connected with the beautiful landscape and its great historical and spiritual significance. Take a 4x4 tour up the canyon with Navajo guides. Enjoy lunch in the Petrified Forest and visit the historic Hubbell Trading Post in Ganado. The colors within the canyon are sure to delight!

**Activity Rating: Levels 1-2.**

**Instructor: Chris Wuehrmann**

**\$750 per person double occupancy/\$150 single occupancy supplement** – Tuition includes transportation, lodging, meals, 4x4 tour, permits, admission fees, gratuities, and field instruction. Departs at 7AM from Prescott Campus. *\*Camp Verde pickup available.*

## DAY TRIPS

### CROWN KING & THE SOUTHERN BRADSHAW'S

**Friday, April 18 • EL-041825**  
*Reserve by 4/3.*

The history of the region's historic gold mines comes to life! Travel along the winding roads beside the old railroads of the Bradshaw's and the railroad switchbacks that pass the historic mines dotting the surrounding hillsides. Enjoy the magnificent views as you top out at the summit. A visit to the Crown King General Store transports you back in time. Driving on bumpy roads. **Activity Rating: Level 1.**

**Instructor: Chris Wuehrmann**

**\$175 per person** – Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus. *\*Dewey-Humboldt pickup available.*



## DRIVE TO BOTTOM OF GRAND CANYON

**Saturday, February 22 • EL-022225**

*Reserve by 2/7.*

**Thursday, March 6 • EL-030625**

*Reserve by 2/20.*

**Saturday, March 29 • EL-032925**

*Reserve by 3/15.*

**Thursday, April 10 • EL-041025**

*Reserve by 3/27.*

**Thursday, April 24 • EL-042425**

*Reserve by 4/10.*

**Friday, May 2 • EL-050225**

*Reserve by 4/18.*

Follow Diamond Creek Road as it winds through Peach Springs Canyon – the only road access to the bottom of the Grand Canyon. Diamond Creek Road will take us down the canyon to the banks of the Colorado River. Along the way, we will stop to enjoy the views and learn about Hualapai history, cultures, and the geology and the natural history of the canyon. You will enjoy a picnic lunch with an optional walk the last mile to the Colorado River following a narrow canyon that crosses Diamond Creek. Includes driving on a bumpy and winding dirt road to the Colorado River. **Activity Rating: Levels 1-2.**

**Instructor: Chris Wuehrmann**

**\$215 per person** – Tuition includes transportation, Hualapai permits, box lunch and field instruction. Departs 7:30AM from Prescott Campus. *\*Chino Valley pickup available.*



## EXPLORE COCONINO COUNTY: BILL WILLIAMS MOUNTAIN

**Friday, June 6 • EL-060625**

*Reserve by 5/23.*

Bill Williams Mountain, visible to the north from most of the Prescott area, is the westernmost 9,000-foot peak in Arizona. The mountain is named for a preacher/guide/mountain man from North Carolina whose story will weave through the day. We will circle the mountain on the Bill Williams Loop Road starting at Devil Dog Lake just off I-40, then drive to the summit fire tower, enjoying distant views across much of northern Arizona. We'll do some short walks, but no significant hiking, as we talk about the geology and ecology of the mountain. There's a good chance of seeing Elk and other wildlife along the way. **Activity Rating: Level 2.**

**Instructor: Chris Wuehrmann**

**\$170 per person** – Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus. *\*Chino Valley pickup available.*

# EXPERIENTIAL LEARNING - TRAVEL



## EXPLORE COCONINO COUNTY: CRATER LAKE AND LAVA TUBES

**Saturday, June 14 • EL-061425**  
*Reserve by 5/29.*

Northwest of Flagstaff is a little-known crater lake, surrounded by meadow and aspen groves, hidden inside a small volcanic cinder cone just east of the Kendricks Mountain Wilderness Area. Our day afield will focus heavily on the volcanic history of the San Francisco Volcano Field surrounding Flagstaff and Williams. We will drive up the access road to the ski area on San Francisco Peaks, hike into Crater Lake for lunch, then in the afternoon visit a lava tube (with optional exploration of the tube) south of Kendrick's Peak. We will also traverse some of old Route 66 on the way home. Total hiking distance for the day about two miles at elevations near 8,000 feet. **Activity Rating: Level 3**

**Instructor: Chris Wuehrmann**

**\$175 per person** - Tuition includes transportation, box lunch and field instruction. Departs 7AM from Prescott Campus. \*Chino Valley pickup available.



## EXPLORE COCONINO COUNTY: THE LAND BETWEEN THE CANYONS

**Saturday, May 31 • EL-053125**  
*Reserve by 5/16*

North of Verde Valley is a little-visited plateau, surrounded on three sides by rugged wilderness areas. On the east is West Fork Wilderness and Oak Creek Canyon; on the west is Sycamore Canyon Wilderness; and on the south is Redrock/Secret Canyon Wilderness. We will explore this beautiful, forested landscape, culminating with utterly amazing views of the redrock country of Sedona, seen from above. Along the way we'll talk about geology, including visiting a baby sinkhole, forest ecology and the logging railroads of the early 20th century. We'll also talk about the handful of people who have lived out there, including Bear Howard, who literally made his living hunting bear, and the wild Casner Clan, who have multiple local landmarks named after them. Lots of short walks, but no serious hiking. **Activity Rating: Level 2.**

**Instructor: Chris Wuehrmann**

**\$185 per person** - Tuition includes transportation, box lunch, and field instruction. Departs 7AM from Prescott campus. \*Chino Valley pickup available.



## HASSAYAMPA RIVER PRESERVE

**Wednesday, February 26 • EL-022625**  
*Reserve by 2/12*

Explore the route of the Hassayampa River – the “river that flows upside down.” This intermittent river arises in the southern Bradshaw Mountains and is an important water source for the desert. Learn about the river and the wildlife it supports while visiting the Hassayampa River Preserve near Wickenburg. Take a walk along the beautiful river trails of this important year-round stream. Enjoy a picnic lunch in the preserve. Then visit the ghost towns of Stanton and Octave, sites of a gold strikes in the 1860s. Short walks up to one mile on uneven ground. **Activity Rating: Level 2.**

**Instructor: Chris Wuehrmann**

**\$175 per person** - Tuition includes transportation, entrance fees, box lunch and field instruction. *Departs 7AM from Prescott campus.*



## HIKE GRAND CANYON: DIAMOND CREEK

**Saturday, March 1 • EL-030125**  
*Reserve by 2/14*

**Saturday, March 15 • EL-031525**  
*Reserve by 3/1.*

Drive to the Grand Canyon on the only road to the Colorado River, accessible on Hualapai lands. Shortly before reaching the river, this road meets Diamond Creek. The hike is about 5 miles round trip up the creek into spectacular narrows. The trail has no steep grades, but it crosses the creek several times, so expect some wet walking and walking on river rocks. Lunch at a beautiful waterfall beneath thousand-foot cliffs and learn about both the geology and natural history. The day will culminate with a stop at the Colorado River. Dinner stop at Lilo's in Seligman (on your own). **Activity Rating: Level 3+.**

**Instructor: Chris Wuehrmann**

**\$215 per person** – Tuition includes transportation, Hualapai permits, box lunch and field instruction. *Departs 7AM from Prescott Campus. \*Chino Valley pickup available.*

# EXPERIENTIAL LEARNING - TRAVEL



## HIKE GRAND CANYON: TONTO RIM

**Saturday, March 8 • EL-030825**

*Reserve by 2/21*

The only road to the Colorado River canyon's depths is located on Hualapai lands in western Grand Canyon. This road accesses a little-known hiking route that leads out onto the Tonto Rim, nearly a thousand feet above the Colorado River. This is a truly wild and spectacular Grand Canyon hike with fabulous distant views up and down the canyon, views ordinarily only accessible on multi-day backpacking expeditions. Hiking distance is slightly less than four miles and includes some steep grades and narrow trails. We will discuss geology and natural history along the way. The day will culminate with a van stop at the Colorado River. Dinner stop at Lilo's in Seligman (on your own). **Activity Rating: Level 3+.**

**Instructor: Chris Wuehrmann**

**\$215 per person** – Tuition includes transportation, Hualapai permits, box lunch and field instruction. Departs 7AM from Prescott Campus. *\*Chino Valley pickup available.*

## EXPLORE COCONINO COUNTRY: SYCAMORE CANYON HEADWATERS

**Thursday, May 29 • EL-052225**

*Reserve by 5/15*

Sycamore Canyon enters the Verde River near Clarkdale but begins in the vast Ponderosa Pine forest southeast of Williams. We will travel across to the canyon's headwaters area from Drake, just north of Chino Valley, visiting JD Dam, Sycamore Point (with incredible views down the canyon), White Horse Lake, and Sycamore Falls, where the creek drops over a hundred feet into the beginnings of the canyon. Our journey will reach I-40 just east of Williams and we'll return home. Along the way we'll talk about the geology of the canyon and the varied ecosystems along the way. The trip will include about a mile of easy hiking.

**Activity Rating: Level 2.**

**Instructor: Chris Wuehrmann**

**\$190 per person** – Tuition includes transportation, box lunch, field instruction and permit fees. Departs 8AM from Prescott campus. *\*Chino Valley pickup available.*

## HIKE THE VERDE RIVER HEADWATERS

**Saturday, April 5 • EL-040525**

*Reserve by 3/22*

Hike with Experiential Learning to the source of the Verde River, located northeast of Chino Valley. Hike into the canyon downstream from the river's confluence with Granite Creek, then follow the river upstream to the headwaters springs and a large rock art site that incorporates Native American winter solstice observatory features. Geological features, water sources, natural history and prehistory will be discussed. Total hiking distance is approx. 4 miles. The climb in and out is several hundred feet elevation change and is steep but short. There will be at least one river crossing. **Activity Rating: 3.**

**Instructor: Chris Wuehrmann**

**\$175 per person** – Tuition includes transportation, box lunch and field instruction. Departs 8AM from Prescott Campus. *\*Chino Valley pickup available.*



## ROCK ART RANCH AND LA POSADA

Wednesday, May 21 • EL-052125

Reserve by 5/7

Step back in time with a visit to Chevelon Canyon on Rock Art Ranch, home to some of the finest ancient petroglyphs in the world on a privately-owned ranch. Visit the cowboy museum and working ranch to learn about ranching history, the Hashknife Cattle Company and military and Indian activity in the area. Tour the excavated prehistoric pueblo sites and an historic Navajo camp with intact hogan. Take a short, steep hike into Chevelon Canyon to view the multiple petroglyph panels. Visit Winslow, AZ and take a photo next to the 'Standing on the Corner' sculptures. We will finish the day with dinner at the famous La Posada, the beautifully restored Fred Harvey Hotel in Winslow with dinner [on your own] in the award-winning Turquoise Room.

**Activity Rating: Levels 2-3 (steep stairs).**

**Instructor: Chris Wuehrmann**

**\$255 per person** – Tuition includes transportation, box lunch, ranch tour admission, and field instruction. Departs 7AM from Prescott campus. \*Camp Verde pickup available.

## WALNUT CANYON, SUNSET CRATER, AND WUPATKI

Wednesday, May 14 • EL-051425

Reserve by 4/30

The ancient Sinagua culture, ancestral to the Hopi of Second Mesa, left their picturesque ruins scattered across the landscape east of Flagstaff. Their name comes from the earliest Spanish name for San Francisco Peaks, which they called Sierra Sinagua, meaning waterless peaks. We will visit ruin sites at Walnut Canyon National Monument and Wupatki National Monument, along with visiting the recent volcano of Sunset Crater, which erupted in 1066 A.D. and played a key role in the history of the Sinagua people. We will also visit a small unexcavated site along the way. Many short walks on mostly paved walkways. **Activity Rating:**

**Level 2.**

**Instructor: Chris Wuehrmann**

**\$200 per person** - Tuition includes transportation, box lunch, admission fees, and field instruction. Departs 7AM from Prescott campus. \*Camp Verde pick up available.



## COURSE PHYSICAL ACTIVITY LEVEL RATING CHART\*

### Activity Rating Level 1

Participants must be able to carry luggage, packs, and/or equipment, climb stairs, sit, or stand for up to 1 hour, get in and out of vehicles easily, and walk a few blocks indoors or out.

### Activity Rating Level 2

Participants must be able to carry luggage, packs, and/or equipment, participate in physical activity for 1-2 hours, climb stairs, sit, or stand for over 1 hour, and walk on uneven and/or varied terrain from three blocks up to one mile at a 2.0-mph pace over the course of the day [may include slight elevation changes.]

### Activity Rating Level 3

Participants must be able to carry luggage, packs, and/or equipment, sit, or stand for over 2 hours, be in good health, mobile, able to participate in 3-5 hours of physical activity per day, and walk on uneven and/or varied terrain up to five miles at a 2.5-mph pace over the course of the day and/or for multiple consecutive days [may include moderate elevation changes.]

*\*Trip activities may vary. Not all trips will include all aspects of the assigned activity rating. For more information on individual trip activity levels, or to request special accommodations, please contact Experiential Learning at 928-717-7755.*

# VIRTUAL EXPERIENTIAL LEARNING

## VIRTUAL EXPERIENTIAL LEARNING (FORMERLY EDVENTURES) TRAVEL VIDEOS

are a new way to enjoy our trips, without the bumpy van ride, in the comfort of your own home. Join Chris and Rita Wuehrmann for any or all these seven Experiential Learning Videos.

### Video ID #ONL1 • Duff Springs • \$15

Alexander Duff came to Arizona Territory in 1879, as a trapper, prospector, and market hunter, married to a Shoshone Indian woman. He left the territory in 1906 as a respected hotel and mercantile owner. Duff homesteaded at a beautiful spot on the Verde River, overlooked by a centuries-old cliff dwelling, where a crystal-clear spring bears his name. Join this exploration of Duff's story and of some of the history and natural features.

### Video ID #ONL2 • Johnson Canyon • \$20

When the Santa Fe Railroad was constructing their line across northern Arizona in the early 1880s, they overcame many physical obstacles in the rugged landscapes they traversed. One of the more difficult was the steep drop westwards off the Coconino Plateau, between Williams and Ash Fork. Our explorations will include some strange and interesting natural features, and the story of rancher and homesteader George Johnson, after whom the canyon is named.

### Video ID #ONL3 • Northern Bradshaws • \$20

In 1863, during the height of the Civil War, several parties of intrepid prospectors discovered gold in the flanks of what became known as the Bradshaw Mountains. While the Walker party was most notable, the range was named for William Bradshaw, who died under mysterious circumstances in December 1864. We will explore the northern part of the range, which overlooks Prescott, visiting old mine sites, ghost communities, homesteads, and the historic Palace Station, established by the Spence family in 1875.

### Video ID #ONL4 • The Moqui Stage Road to Grand Canyon • \$25

In 1903, two young girls traveled to the Grand Canyon with their families. They rode from Flagstaff to the Canyon by stagecoach, stayed in the historic, long extinct Grand View Hotel and took a 3-day trip by burro into the Canyon with Captain John Hance, the Canyon's first tour operator and renowned storyteller. Chris Wuehrmann re-creates their journey to the Canyon via the route of the Moqui Stage. We will hear about their histories as miners and tour operators in the Grandview Point area, and little-known histories of other Northern Arizona pioneers and places.

### Video ID #ONL5 • Prospectors, Miners, and the Impossible Railroad in the Southern Bradshaw Mountains • \$25

In 1863, during the height of the Civil War, several parties of prospectors discovered gold in what became known as the Bradshaw Mountains. We'll explore the southern part of the range, visiting desert communities like Cleator, Bumblebee, and the mountain town of Crown King. We will talk about the original Yavapai Indian inhabitants, the challenges of passage via rail, and some history of mining in the rugged and forbidding landscape of the Southern Bradshaws.

### Video ID #ONL6 • Exploring Date Creek: Native Peoples and Territorial Forts to Modern Ranchers \$25

Date Creek flows from the crest of the Weaver Mountains above Yarnell west into a vast desert plain, studded with rugged mountain ridges, finally joining the Santa Maria River above Alamo Lake. Originally home to the Yavapai People, Date Creek's first Anglo visitors were led by Charles Genung in 1863, who upon seeing one of the creek's green valleys declared it to be the Garden of Eden. Near this spot the military post of Camp Date Creek operated from 1867-1874. We will explore this little-known landscape, seeing ancient rock art, viewing the ruins of Camp Date Creek, and visiting with modern ranchers.

### Video ID #ONL7 • The Land Between the Canyons \$25

Leading southwards into Verde Valley are two spectacular red rock canyons. To the east, well-known Oak Creek Canyon is followed by highway, although the west flanks are wilderness area. To the west, lightly visited Sycamore Canyon is entirely a wilderness area. Between the lower ends of these canyons is more wilderness area offering utterly amazing views, exotic volcanic features, and steep and wild canyons. Enjoy exploring this wild country and rugged back roads. We'll talk about geology, natural history, forest management and logging railroads. We'll also talk about the handful of early pioneers who braved this remote wilderness; and the historic logging railroads that once traversed the area.



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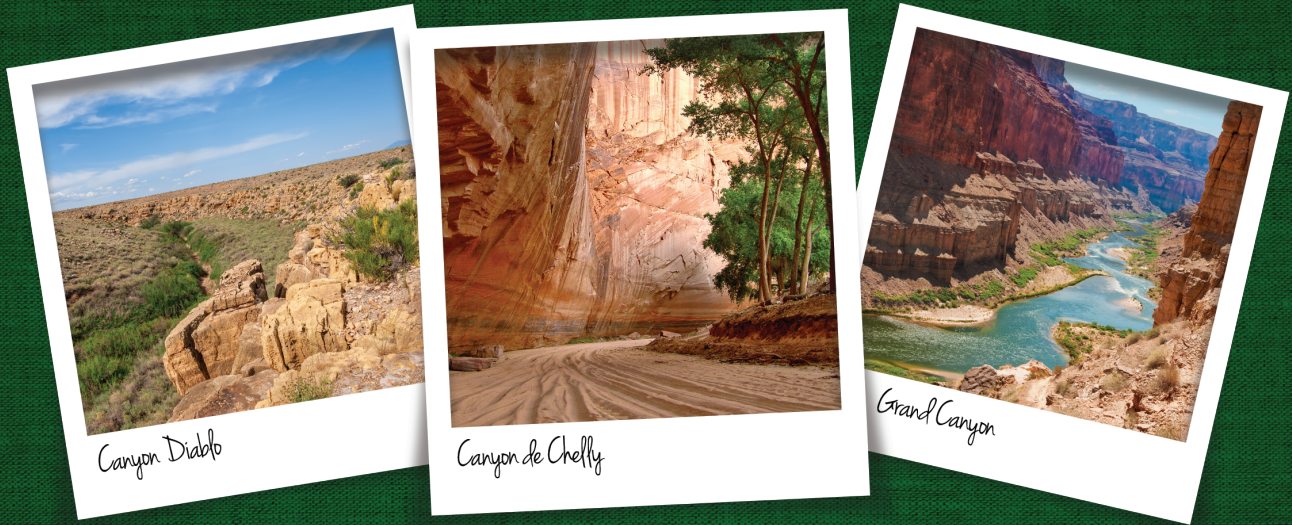


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